

PACK MENTALITY

Whether your preferred pastime takes you to the shore, the links, or the mountains, we've put together a packing list and a vacation itinerary for every activity. Sailing enthusiasts, golf lovers, and wilderness buffs: Collect your bags and grab the sunscreen. Your next great American adventure awaits.



SETTING SAIL

A family outing means beach toys for the kids and champagne flutes for the adults—as long as it all fits onboard. From left: Hinckley Talaria 29 Runabout boat (\$398,500); Harding-Lane cap (\$30); Tommy Hilfiger sweater (\$148); Ralph Lauren Home towel (\$75); Steele Canvas Basket Co. for J. Crew bag (\$78); Coach sun hat (\$98); Ralph Lauren gold bag (\$1,800); Prada luggage (\$3,050); Brunello Cucinelli calfskin sandals (\$1,075); Restoration Hardware teak umbrella (\$1,295); Hermès hat (\$460); Ghurka yellow bag (\$595); Tommy Hilfiger shirt (price on request); Hermès red and blue beach

SAILING

FOR THE NOVICE

Those still getting their sea legs should head to California's newly renovated El Encanto resort (elencanto.com), which works with the Santa Barbara Sailing Center to set up private charters for guests along what is called the American Riviera. At the school you can also take courses to become certified by the American Sailing Association, or learn how to standup-paddleboard. Back at the 92-bungalow resort, make a wish at the bougainvillea-lined well and try the hotel's own cheese (made with milk provided by Ellie, the house Holstein), which pairs nicely with the unpasteurized beer El Encanto brews nearby. For a break from the waves, take the 45-minute drive to the Santa Ynez Valley. "The valley features some of the best road bike riding in North America," says Cari Gray, of Gray & Co., a Canadian tour company (grayandco .ca). "It's a great combination trip of sailing and riding."

FOR THE AMATEUR

Newport, Rhode Island, the summer destination of choice for the Kennedys, Vanderbilts, and Astors, calls itself the sailing capital of the world. Dock your boat at the Chanler at Cliff Walk (thechanler.com), a historic hotel near the stately vacation homes of those boldfaced families. Through the hotel you can rent a boat that has competed in the America's Cup or plan a racing trip in Newport Harbor.

FOR THE PRO

Charter your own boat and sail through the San Juan islands of Washington. "It's a bit like the West Coast version of Maine," says Melissa Biggs Bradley, founder of travel membership site Indagare (indagare.com). "With dozens of smaller islands to explore and great old wooden sailboats to charter, it's a boater's paradise in the summer." Many of the houses and private islands in the San Juans are owned by seafaring Seattleites, but if you don't have an invitation to stay with a friend, the Rosario Resort and Spa (rosarioresort.com), on Orcas Island, and the Friday Harbor House (fridayharborhouse .com), in the San Juan Islands, serve as great bases.

STYLED BY AMY CHIN

bags (from \$960); Gucci boat shoes (\$485); Hermès calfskin sandals (\$1,250); Ralph Lauren portrait tote (\$650); I Pezzi Dipinti yellow throw (\$780); Best Made Co. ditty bag (\$118). On dock: Dedon Sea-X armchair (\$2,025); stylist's own hat; Chandon American Summer sparkling wine (\$22); Riedel Vitis flute (\$89 for two); Ralph Lauren Home towel (\$125); Tod's suede loafers (\$445); Asprey cocktail shaker (\$870); Coach sneakers (\$178); Victorinox Swiss Army Helmsman knife (\$61); Smathers and Branson flask (\$65); Moncler striped top (\$325) and swimsuit (\$240).