

***** MEDIA ALERT *****

THE HEAT IS ON: THE BLUFF RESTAURANT • BAR • TERRACE AT FRIDAY HARBOR HOUSE LAUNCHES COUPLES KITCHEN MIXERS

Chef Joseph Foriska to lead new culinary getaway series designed for two

- WHO:** Chef Joseph Foriska of The Bluff Restaurant • Bar • Terrace at Friday Harbor House
- WHAT:** **Couples Kitchen Mixers at Friday Harbor House**, a new one-night getaway including a cooking class hosted by Chef Joseph Foriska, a special welcome amenity selected by Chef Joseph and lunch for two with wine featuring the ingredient or technique learned in class.
- WHEN:** **March 6 - 7, 2010:**
- The **“I Second that Emulsion”** class introduces the art of emulsifying - from homemade mayonnaise to hollandaise and salad dressing, the chefs-in-training will learn the key to jazzing up any dish.
- March 13 - 14, 2010:**
- The **“Too Hot to Handle”** class demonstrates the intimate details of the chili pepper. Students will discover how to decode the Scoville Scale, and learn which beverages tame the heat.
- March 20 - 21, 2010:**
- During the **“It's a Wild World”** class, Chef Joseph will lead an exploration of cultured foods and the world cultures that have created them. Aspiring foodies will discover the secrets of Friday Harbor House's own unique sourdough bread, in addition to other fun cultured foods like beer and wine, cheese, chocolate and vanilla.
- WHERE:** Friday Harbor House
130 West Street
Friday Harbor, Wash. 98250
866.722.7356
- DETAILS:** The culinary adventure begins on Saturday evening with a relaxing overnight stay followed by a signature Continental breakfast on Sunday Morning. Things heat up at 11:00 a.m. when Chef Joseph introduces the recipes and begins the hands-on instruction. At 2 p.m. students will toast to their hard work with wine and a specially prepared lunch featuring the ingredient or technique learned in class.

This package is only available on the dates listed above. Rates start at \$199 per night based on double occupancy and are subject to availability. To make reservations call 1-866-722-7356 or visit www.fridayharborhouse.com.

Friday Harbor House

Friday Harbor House is a waterfront inn located in the bustling island seaport of Friday Harbor, home to charming shops, galleries and restaurants. Situated on San Juan Island, the inn features spectacular views of the marina, San Juan Channel and Mount Constitution on neighboring Orcas Island. Each of the 23 remodeled guest rooms and suites at Friday Harbor House offers a fireplace, oversized jetted bathtub and breathtaking views. Chef Joseph Foriska prepares an array of fresh fare from the local waters and farms, showcased in a mouthwatering menu of small plates, savory sandwiches, colorful salads and seasonal specialties at The Bluff

Restaurant • Bar • Terrace. Friday Harbor House is owned by Lang and Anne Simons and managed and operated by Seattle-based Columbia Hospitality, Inc. For more information or to make a reservation call 866-722-7356 or visit fridayharborhouse.com.

Columbia Hospitality, Inc.

Columbia Hospitality, Inc. (Columbia), a Seattle-based hospitality management and consulting firm with a growing portfolio of award-winning hotels, spas, conference centers and unique hospitality venues was founded in 1995 by John Oppenheimer. Columbia creates memorable experiences for guests and team members while achieving phenomenal results for owners. The company's continued success has led to an international expansion of the consulting division and more than 80 hospitality projects worldwide. For more information about Columbia and a full list of properties visit columbiahospitality.com.

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